

**School Year
Enrollment Guide**

**Whole Year
Curriculum**

**CREA
MOVEMENT™**

DANCE FOR SCHOOLS *presents*

HIGH SCHOOL DANCE CURRICULUM

About Dance for Schools

Dance for Schools is the leading curriculum provider for K-12 Dance Education. We provide educators comprehensive and standardized dance curriculum to teach movement and technique, composition and choreography, creative movement, and history.



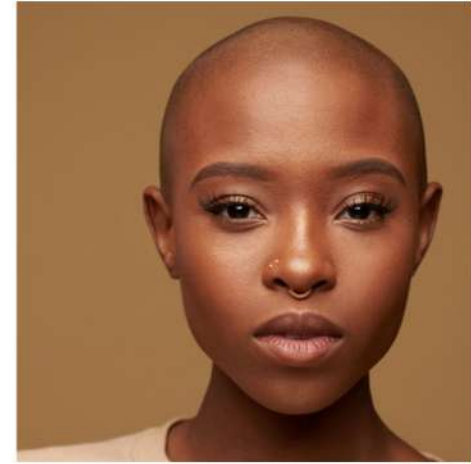
Winifred R. Harris

Owner, Modern Dance & Ballet
Content Developer



Joe DeMers

Owner, Swing Dance
Content Developer



Gabrielle Hamilton

Afro-Jazz, Lyrical Jazz, &
Broadway Jazz Content Developer



Fara Tolno

Traditional West African Dance
Content Developer



DeAndre Carroll

Hip Hop
Content Developer



Lucienne Ndoutou

Hip Hop
Content Developer



Lesson Plans for EVERY DAY

01 Straight Arms



Modern Dance

Summary

In this lesson, dancers are introduced to straight port de bras and body shapes. In center, they explore posture and alignment, parallel position, port de bras, and a stretch routine. They apply straight shapes to across the floor progressions and a movement phrase, including circular pathway and the use of levels.

- HS Proficient DA:Pr5.1.1.a. Embody technical dance skills (for example, functional alignment, coordination, balance, core support, clarity of movement, weight shifts, flexibility/range of motion) to retain and execute dance choreography.
- HS Proficient DA:Re.7.1.1.a. Analyze recurring patterns of movement and their relationships in dance in context of artistic intent.

© Dance for Schools Publishing LLC 2018

Time

40 minutes

Essential Skills

In which dancers straight movement

Agenda

- 1) Warm-up
- 2) Across the Floor
- 3) Combination

Objectives

Content Objective

Students will explore straight lines and body shapes in warm-up, across the floor progressions, and a combination.

Language Objective

Orally or in writing, students will identify and describe ways in which dancers create straight lines and body shapes.

Dancer's Posture
Isolation
Roll Down
Port de Bras
Stretch
Plié
Circular Pathway
Body Shape
Levels
Upstage

Identify

- "I notice straight lines in the _____"

Describe

- "This shape has straight lines, because _____"

Compare

- "Two shapes that have straight lines are _____ and _____"

Lesson Overview

Warm-up

- 1) Dancer's Posture
- 2) Isolation
- 3) Roll Down (and Up) the Spine
- 4) Port de Bras (Straight Arms)
- 5) Stretch Sequence 1 (Parallel Feet)

Across the Floor

- 1) Straight Port de Bras and
- 2) Airplane Arms (Upstage On)

Combination

- 1) Straight Shapes

© Dance for Schools Publishing LLC 2018

Modern Dance

Background Information

From the tallest architecture to animated movies, our world is defined by lines. They control one's eye by indicating edge and movement. A dancer's body explores all different lines in all different planes. They may vary in direction (vertical, horizontal, diagonal), shape (straight, curved, spiral, angular), size (long, short), and quality (soft, hard). While there is no 'bad' line, there is 'good' intention. As artists, dancers strive to draw bodylines that are purposeful and full of energy.

Warm-up

01 Dancer's Posture

Vocabulary

Dancer's Posture – the way in which a dancer holds their body.

- Lifted through legs
- Neutral pelvis
- Abdominals in
- Lifted chest
- Shoulders down
- Tall neck
- Chin in

(The term *alignment* will be used later in curriculum.)

Exercise

- From starting position, guide students to hold a *Dancer's Posture*. Work from the ground up to the head.
- Once established, have students breathe full breaths for 30 seconds: in through the nose and out through the mouth.

Starting Foot Position

2nd Parallel

Starting Port de Bras

Natural Low

Check for Understanding

- Lifted through legs
- Neutral pelvis
- Abdominals in
- Lifted chest
- Shoulders down
- Tall neck
- Chin in

Music

None

© Dance for Schools Publishing LLC 2018

Lesson 01 | 3

Crea Movement Dance Curriculum Highlights



National Core Arts Standards Aligned

Lessons align to national standards for performance and technique, choreography and composition, understanding dance personally and historically, and developing as an artist.



14 Units of Study | 40-min Lessons

Modern Dance: 1) Straight & Round Shapes, 2) Angular Shapes, 3) Spiral Shapes, 4) Percussive Energy, 5) Sustained Energy, 6) Suspended & Collapsing Energies, and 7) Swinging Energy

World Dance: 8) Traditional West African, 9) Swing Dance, 10) Afro-Jazz, 11) Ballet, 12) Broadway Jazz, 13) Lyrical Jazz, and 14) Hip Hop



Instructional Videos for Every Unit

Instructional videos accompany each lesson and series of movements. They include a follow-along demonstration with counts, breakdowns of techniques, and instructional strategies.



Lesson Highlights



Movement Breakdowns & Instructions

Helps teachers remember movement series with counts, instructional tips, and Checks for Understanding



Content-Language Objectives

Daily goals include verbal and written vocabulary and ELA supports



Diverse Word Walls

Printable Word Walls include pictures of a variety of young dancers with diverse bodies and ethnic backgrounds



Assessments & Rubrics

Student-friendly assessments and rubrics are included with each Unit, composition task, and project



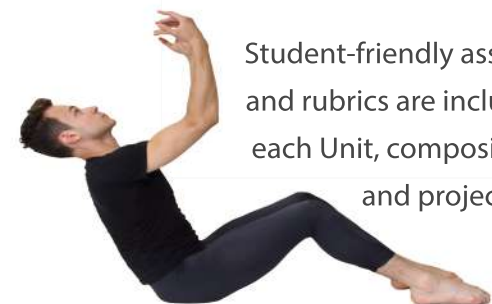
Printable Resources

Unit includes a variety of printable resources, such as data sheets, graphic organizers, and exit slips

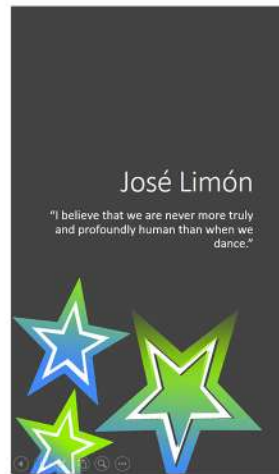
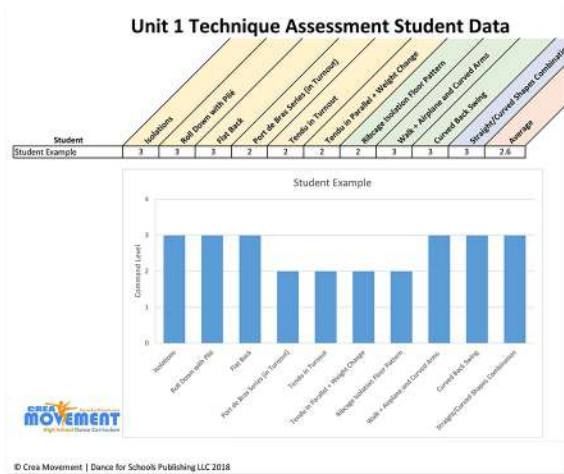


Differentiation

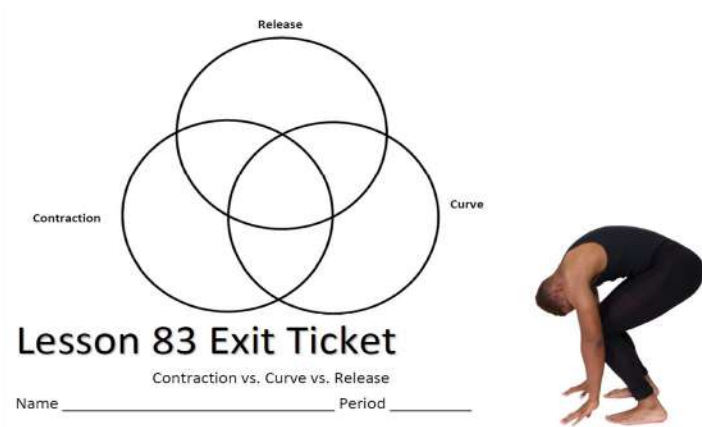
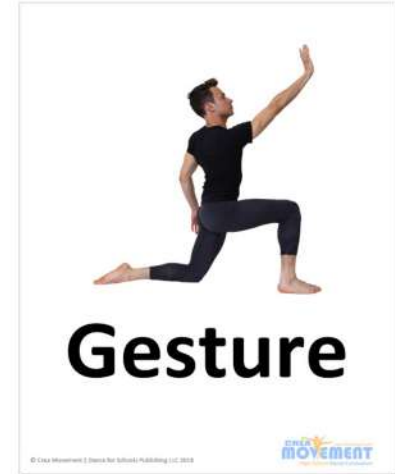
Each movement section includes strategies and tips for intentional differentiation



Example Instructional Resources



© Crea Movement | Dance for Schools Publishing LLC 2018



Example Instructional Resources

Lyrical Jazz

WHAT DOES SUCCESS LOOK LIKE?
Write it out. Then prepare to demonstrate and teach the class.

1) Isolation Series

Warm-up Routine

© One Movement | Dance for Schools Publishing LLC 2018

CREATIVE BRIEF COMMERCIAL DANCE

Name(s): _____

Concept/Client/Theme

What is our reel promoting or expressing? Examples: a product, fashion brand, artist, event, lifestyle, or simply a mood or aesthetic.

Mood

- ☐ Excited
- ☐ Inspired
- ☐ Confident
- ☐ Powerful

- ☐ Happy
- ☐ Careless
- ☐ Independent
- ☐ Other: _____

3 Words that Describe Our Reel

Roles

Consider assigning roles to help the process feel smoother.

- Director
- Camera Operator
- Music Manager
- Video Editor
- Rehearsal Leader
- Costume Coordinator
- Note Taker
- Time Manager
- Inclusive-Voice Moderator

Camera

Design for the camera: formations, dynamic camera feelings, entrances and exits, levels, spacing, and transitions.

- ☐ Pace the camera
- ☐ Change facings
- ☐ Use levels
- ☐ Use formations
- ☐ Move toward/away from camera
- ☐ Create one "wow" moment
- ☐ Close, mid, wide shots
- ☐ Lighting effect
- ☐ Dancers in frame

Impact

How will you strive for commercial quality?

- ☐ Add a "hook"
- ☐ Clear beginning
- ☐ Interesting middle
- ☐ Strong ending
- ☐ Matches the theme
- ☐ Audience would want to watch again
- ☐ Coordinated costumes
- ☐ Steady camera
- ☐ Add text

Music

Find your music and liberations. Choose an appropriate version of music that supports your concept.

Final Checklist

- ☐ Everyone participates
- ☐ Clean timing
- ☐ Strong performance energy
- ☐ Afro-jazz movement vocabulary
- ☐ Creative formations

© One Movement | Dance for Schools Publishing LLC 2018

Still I Rise

Name: _____
Period: _____

Let the movement rise from the meaning.

1 Theme Connection: Still I Rise

The theme *Still I Rise* means:

My solo will explore:

- ☐ A personal challenge I have overcome
- ☐ A challenge I am currently working through
- ☐ A symbolic idea of strength, growth, or resilience
- ☐ A fictional or imagined story connected to rising
- ☐ Someone else's journey of overcoming

I am comfortable sharing:

- ☐ My full story
- ☐ Only part of my story
- ☐ Only my artistic intention
- ☐ No personal details

Choice Your story can be private. Your intention can still be clear.

2 My Choreography Inspiration

Describe the emotional journey without sharing private details you do not want to share.

The challenge, feeling, or story I am exploring is:

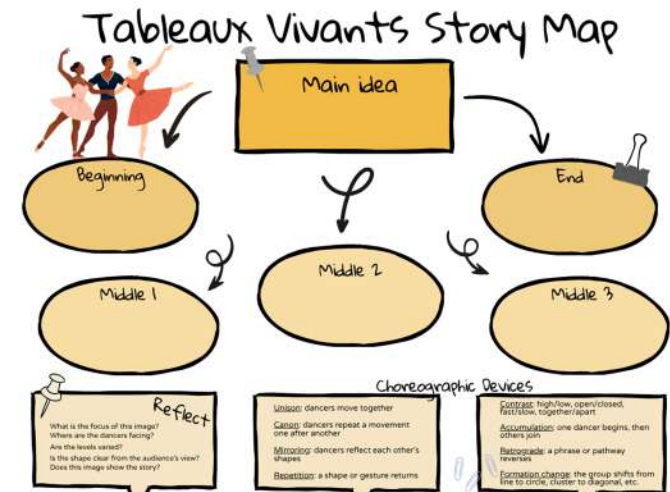
© One Movement | Dance for Schools Publishing LLC 2018

- 1 African Diaspora and Dance
- 2 African Diaspora and Dance
- 3 African Diaspora and Dance
- 4 African Diaspora and Dance
- 5 African Diaspora and Dance
- 6 African Diaspora and Dance

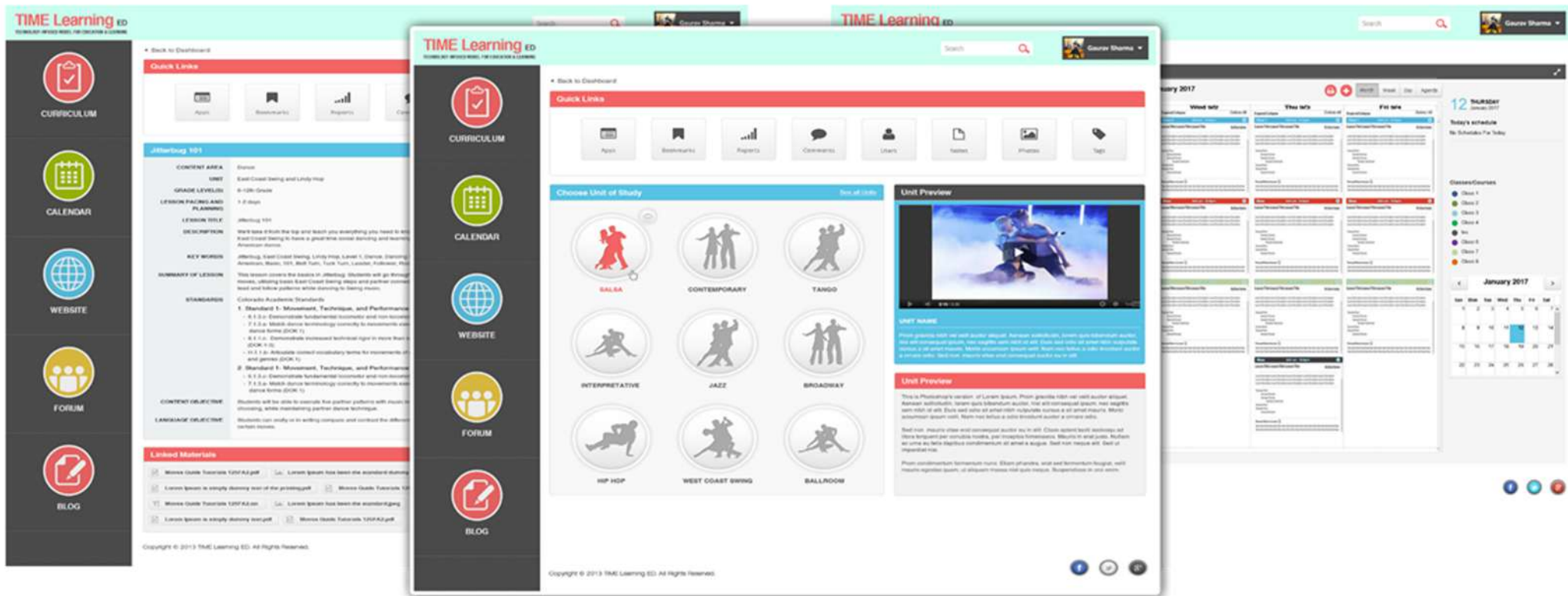
African Diaspora and Dance

AN OVERVIEW OF AFRICAN DIASPORIC DANCES AND AFRO-JAZZ

Click to add notes



More than a Lesson Plan!



Crea Movement™ is organized in an easy-to-use **Online Teacher Portal** and includes printable lesson plans and resources, instructional videos, calendar, teacher-to-teacher forum, and readymade teacher website.

*Note: Our teacher portal is down for repair and we will share all resources through Google Drive for the time being.



Crea Movement Dance Curriculum Pricing

1 Year Subscription

Single Teacher: \$2,500

School District*: \$2,300

3 Year Subscription

Single Teacher: \$6,300 (\$2,100/year)

School District*: \$5,700 (\$1,900/year)



*Two or more teachers in same school district. Cost is per teacher.

In-District Professional Development

Engaging, Meaningful, and Personally Relevant

Whether it's for *curriculum launching* or mid-year inspiration, we offer comprehensive support for teachers. Each Professional Development is customizable to your needs. Utilize our training for:

- Start-of-year Curriculum Launch and Implementation
- Deep Dive into standards, instruction, assessment, and/or use of academic language
- Master classes for teachers or students
- Dance residences with students
- Team building for teachers, students, or teams
- Combining multiple disciplines (i.e. core content and dance)

Sign up 3 or more teachers and receive a FREE PD day for EACH school year you subscribe!*



*Promotion does not include cost of travel



Out-of-District Professional Development

Engaging, Meaningful, and Personally Relevant

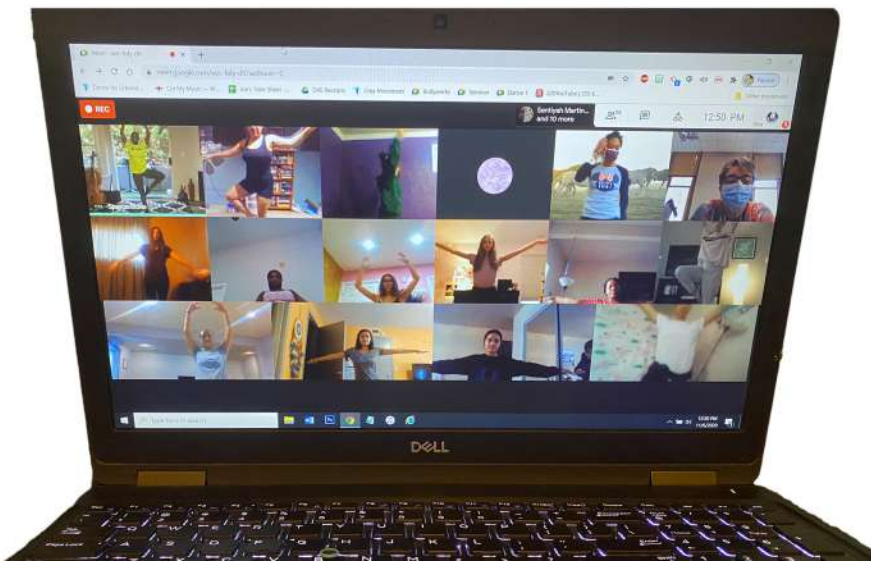
Individuals

We offer FREE virtual support for individual teachers who are teaching Crea Movement | High School Dance Curriculum. Whether it is to be a thought partner, how to best implement the curriculum, or explore classroom management strategies, we are here for you!

We also offer free onboarding to help you understand the curriculum structure, resources, and instructional materials.

Teams

All of our in-district professional development options are available virtually.



Contact Us



www.danceforschools.com



(303) 931-1246



info@danceforschools.com

